

THE BOB ALVAREZ RUN FOR YOUR HEALTH PREDICTION 5K

Also One Mile Ticker Trot and 800 Meter Fun Run

Saturday, April 6th, 2019

5K-9:00AM, Ticker Trot One Mile-8:30AM, 800 Meter Fun Run (second grade and under)-8:15AM

Fairview Elementary School

(14060 Blosser Road, Sherwood, OH 43556)

This race is run in the memory of Bob Alvarez. All profits go towards Fairview's elementary running/walking club.

Distance: 5K Run/Walk, One Mile Fun Run, and 800 Meter Kids Run

Location: 5K-Fairview Elementary School (fast, flat course), Ticker Trot (any age)-high school all-weather track, 800 Meter (2nd grade and under)-high school track

Time: 5K-9:00AM, Ticker Trot-8:30AM, 800 Meter-8:15AM

Fee: **5K**-\$10.00 pre-registration with t-shirt (first 50 registered) and \$7.00 without t-shirt, Raceday- \$12.00 with shirt while they last and \$8.00 without shirt. **Ticker Trot and 800 Meter Fun Run**- Pre-registration-\$8.00 with shirt, \$5.00 without. Race day-\$10.00 with shirt and \$6.00 without.

Prizes: Prizes to top 4 closest predictions and top overall male and female.

Questions: Email Curt Foust at curt.foust@centrallocal.org.

*Please make check out to **Central Local Schools** and send to Curt Foust, Run For Your Health Prediction Run (Fairview Elementary) 14060 Blosser Road, Sherwood, OH 43556.*

Name _____

Address _____

Age(as of 4/6/19)____ Gender____ Shirt (if pre-registering) YS, YM, YL, S, M, L, XL, XXL

Predicted Time (for 5K)_____ Email _____

5K Prediction Run_____ **Ticker Trot One Mile**_____ **800 Meter Kids Run**

In consideration of the acceptance of my entry, I, for myself, my executors, administrators, and assignees, do hereby release all sponsors and individuals assisting in the presentation of the The Bob Alvarez Run For Your Health Prediction Run for all claims of damages and actions whatsoever in any manner arising or growing out of my participation in this race. I attest and verify that I am physically fit and have completed sufficient training for his event. I acknowledge I have read and fully understand my own liability and do accept these restrictions.

Signature _____ Date _____
(parent signature if under 18)